

Email template

to send to your healthcare professional

Add your healthcare professional's name

You can send this to your:

- Medical Practitioners
- Medical Specialists
- Physiotherapists
- Osteopaths
- Exercise Physiologists
- Massage Therapists
- Occupational Therapists
- Nurses
- Nutritionists/Dieticians

Let them know you are happy to chat with them about lipoedema

Don't forget to sign your name

Dear **[Healthcare Professional]**

As you may know, I have a condition called lipoedema. This is a common condition that is not widely known about. Lipoedema is a disease of the loose connective tissues leading to dysregulated and abnormal growth of mainly fatty tissue. This results in disfiguring and painful adipose tissue that appears disproportionate to the size and shape of the affected person's body. It affects approximately 11% of women worldwide and is very commonly misdiagnosed as lymphoedema or obesity.

To increase awareness and knowledge about lipoedema in the healthcare sector, Lipoedema Australia in conjunction with Praxhub are creating a training webinar for healthcare professionals. Attendees will earn 1.5 CPD hours and the webinar is accredited by RACGP, ACRRM CPD, and AMA CPD home. Here is the link for the training: <https://bit.ly/3qq6Tkq>

Learning outcomes include:

1. Describe the pathophysiology of lipoedema and recognise its distinction from lymphoedema and obesity
2. Summarise the clinical signs and symptoms that indicate the presence of lipoedema
3. Outline the epidemiology of lipoedema and its impacts on affected patients
4. List the evidence-based non-pharmacological and surgical options for managing lipoedema
5. Describe the role of allied health and non-GP specialists in managing lipoedema

As your patient, and no doubt one of many who have lipoedema, I would appreciate you taking the time to participate and earn CPD hours. I am also open to discussing lipoedema with you, so that you can get more of an understanding from a personal perspective.

Lipoedema Australia have also recently announced their conference to be held in Melbourne on 21-23 June 2024. It will include a full day of presentations from leading lipoedema healthcare professionals and researchers. It would mean a lot to me and my ongoing management of my lipoedema if you could undertake the CPD training and attend the Lipoedema Australia conference. Here is a link to the website: <https://www.lipoedema.org.au/conference>

Thank you for considering my request,

[Your name]